

Free Resources



Find free resources at the following locations

Clothing

- **Atira** 604-331-1407 | 101 East Cordova St
- **Collingwood Clothes + Breakfast** 604-435-0323 | 5288 Joyce St
- **Covenant House** 604-638-4438 | 575 Drake St
- **DTES Women's Centre** 604-681-848 | 302 Columbia St
- **Evelyne Saller Centre** 604-665-3075 | 404 Alexander St
- **Gathering Placing Centre** 604-665-2391 | 609 Helmcken St
- **La Boussole** 604-683-7337 | 312 Main St
- **Lookout Housing and Health** 604-255-7026 | 528 Powell St
- **RainCity Housing and Support** 604-254-3700 | 707 Powell St
- **St. Vincent De Paul** 604-873-1065 | 2743 Main St
- **The Door is Open** 604-669-0498 | 255 Dunlevy Ave
- **Union Gospel Mission** 604-253-3323 | 601 East Hastings St
- **Value Village** 604-327-4434 | 6415 Victoria Dr
- **Working Gear** 778-877-0147 | 520 Powell St

Free Resources



Food

- **Aboriginal Mother Centre Society**
2019 Dundas St | M-F 3pm-5pm
- **Central Presbyterian**
1155 Thurlow St | F 11:30am-12:30 pm
- **Christ Church Cathedral**
690 Burrard St | M, Th, F 11:30am-12:30pm
- **Cityview Church Open Table**
4370 Sophia St | Th 12pm
- **Collingwood Neighbourhood House Pantry**
foodhub@cnh.bc.ca | 604-435-0323 | 5288 Joyce St | 24-7
- **Directions Youth Services**
604-633-1472 | 1138 Burrard St | Snacks 24-7, daily meal 8-9pm
- **DTES Neighbourhood House Meal Program**
604-215-2030 | 573 East Hastings St | M-W 10am, W 12:30pm
- **DUDES Club**
info@dudesclub.ca | 778-244-8363 | 606 Powell St | Th 4pm

Free Resources

- **First United**
604-681-8365 | 320 East Hastings St | M-F 12pm
- **Food on the Corner**
604-803-5174 | 222 Main St | Sat 11am
- **Food Stash Rescued Food Market**
604-617-7382 | 290 East 1st Ave | Th 3-7pm
- **Gathering Place**
604-665-2391 | 609 Helmcken St | Daily 9am-7pm
- **Gospel Mission Society**
255 Dunlevy Ave | W 7-8pm
- **Guru Nanak's Free Kitchen**
604-617-7382 | 401 Main St | Sat at 1pm, Sun at 12pm
- **Inner City Women's Initiatives**
609 Helmcken St | M, F 5-6:30pm | Women only
- **Jewish Family Services Kitchen**
604-257-5151 | 54 East 3rd Ave | Hampers delivered for free
- **Kitsilano Little Free Pantry**
2305 West 7th Ave | 24-7
- **Kits Cares Cafe**
kitscarescafe@tenth.ca | 3512 West 7th Ave | Th 12:30-2:30pm
- **La Boussole**
laboussole@lbv.ca | 604-683-7337 | 312 Main St | W 1:30pm
- **Lookout Society**
450 East Hastings St | Daily at 10:30am, 1pm, 4pm
- **Marple Community Food Hub: Grocery Pickup**
604-263-9212 | 8680 Hudson St | Th 10am-12pm

Free Resources

- **Mission Possible Power Breakfast**
604-253-4469 | 543 Powell St | Sat 9-10am (lineup 8am)
- **Muslim Care Centre**
140 East Hastings St | M-F 5:30pm, Sat 1pm, Sun 12pm
- **Saige Community Food Bank Hamper Delivery**
fb@saigecommunityfoodbank.com | 2425 Oxford St
- **Salvation Army Meal Programs**
604-646-6800 | 119 East Cordova | M-F 11am, Sat-Sun 4:15pm
- **St. Augustine's Dinners To Go**
604-263-9212 | 8680 Hudson St | Th 6-7pm
- **Tenth Church Oasis Cafe**
11 West 10th Ave | M 5:30-7:30pm, Tues 11am-1pm
- **The Dugout**
604-685-5239 | 59 Powell St | Daily at 7:30am
- **The Kettle Society**
604-251-2801 | 1725 Venables St | Daily 11:30am-2pm
- **Three Links Foundation**
1443 W 8th Ave | Sun 9:30-11:30am
- **Vancouver Community Fridges**
4040 Victoria Dr | 24-7
3718 Main St | 24-7
3066 West 13th Ave | 24-7
- **Wish Drop-In Centre**
330 Alexander St | Daily, 7-9am, 6-8pm, 10pm, 1-4am | For past or present sex workers
- **YWCA Crabtree Corner**
533 East Hastings St | M-F 8:45-9:45am; M, Tues, Th, F 1-2:30pm; W 12-1:15pm | Women and children only

Free Resources

Beds & Furniture

- **Helping Families in Need**
helpingfamiliesinneed.org | 604-294-3087
1679 Gilmore Ave, Burnaby
- **WRAGS**
wragsbc.wixsite.com | wrags@telus.net | 604-214-0613
#370-3771 Jacombs Rd, Richmond, V6V 2L9

Discounted Computers

- **BC Technology for Learning Society**
reusetechbc.ca | 604-294-6886
#206-6741 Cariboo Rd, Burnaby, V3N 4A3

Energy Saving

- **BC Hydro Crisis Fund**
app.bchydro.com/ccf-application

Grooming

- **Street Thug Barbers**
streetthugbarbers@gmail.com | 778-990-0165 | 400 Powell St

Free haircuts and shaves every Sunday in Oppenheimer Park

Phones & Internet

- **Mobility for Good**
telus.com/en/social-impact/connecting-canada/connecting-for-good-programs | 1-866-558-2273
- **Phone It Forward**
phoneitforward.ca | phoneitforward@cnib.ca | 1-833-554-5020



Did you know: You can find a listing of free to enter contests for various prizes at [contestcanada.net](https://www.contestcanada.net)